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BEMORLARNI STATSIONAR SHIFOXONAGA QABUL QILISHDA HAMSHIRANING VAZIFALARI VA ZAMONAVIY YONDASHUVLAR

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Annotatsiya: Ushbu tezisda statsionar shifoxonaga bemorlarni qabul qilish jarayonida hamshiralik xizmatining o'rni va Joint Commission International (JCI) xalqaro standartlarini amaliyotga tatbiq etish masalalari yoritilgan. Bemor xavfsizligi, identifikatsiya, triaj tizimi va pasientga yo'naltirilgan yondashuvlar tahlil qilingan.

Kalit so'zlar: hamshiralik ishi, statsionar qabul, JCI standartlari, bemor xavfsizligi, triaj, raqamli tibbiyot.

Dolzarbli. Sog'liqni saqlash tizimini modernizatsiya qilish sharoitida hamshiralik xizmati sifatini oshirish muhim ahamiyat kasb etadi. Bemorning shifoxonada bo'lish muddati, asoratlar xavfi va shifoxona ichki infeksiyalarining oldini olish ko'p jihatdan qabul bo'limidagi hamshiraning to'g'ri va tezkor harakatlariga bog'liq.

Maqsad. Bemorlarni statsionar shifoxonaga qabul qilishda hamshiralik vazifalarini xalqaro talablar doirasida tahlil qilish va zamonaviy yondashuvlarni amaliyotga joriy etish yo'llarini ko'rsatish.

Hamshiraning Zamonaviy Vazifalari va Xalqaro Talablar

Xalqaro Sog'liqni Saqlash Tashkiloti (WHO) va JCI talablariga ko'ra, qabul bo'limi hamshirasining faoliyati quyidagi asosiy bosqichlarni qamrab oladi:

Bemor xavfsizligi va identifikatsiyasi (IPSG 1): Bemor qabul qilinayotganda kamida ikkita identifikator (ismi-sharifi va tug'ilgan yili) orqali tekshiriladi va maxsus identifikatsiya bilaguzuklari taqiladi.

Klinik baholash va Triaj (Triage): Bemorning hayotiy ko'rsatkichlari (puls, qon bosimi, saturatsiya, tana harorati) zudlik bilan o'lchanadi va holatining og'irligiga qarab saralanadi.

Xavflarni skrinig qilish: Qabul jarayonidayoq hamshira tomonidan bemorning yiqilish xavfi (Morse Fall Scale) va yotoq yaralari (Braden Scale) rivojlanish xavfi maxsus shkalalar bo'yicha baholanadi.

Dori vositalarining moslashuvi (Medication Reconciliation): Bemor uyida qabul qilib yurgan barcha dori vositalari ro'yxatga olinadi va shifokor buyurgan yangi muolajalar bilan solishtirilib, xatoliklarning oldi olinadi.

Raqamli integratsiya: Zamonaviy hamshira barcha ma'lumotlarni qog'ozga emas, "Elektron tibbiy karta" (EHR) tizimiga kiritadi, bu esa bo'limlararo axborot almashinuvini tezlashtiradi.

Xulosa. Bemorlarni statsionar shifoxonaga qabul qilish tizimida hamshiralik parvarishining xalqaro standartlarga moslashtirilishi davolash samaradorligini sezilarli darajada oshiradi. Hamshira nafaqat texnik ijrochi, balki bemor xavfsizligini ta'minlovchi va uning klinik holatini birlamchi baholovchi mustaqil mutaxassis sifatida namoyon bo'ladi.





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