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METHODS OF DEVELOPING COMMUNICATION SKILLS IN HIGH SCHOOL STUDENTS.

Rashidova Nodira Khabibullayevna

Doctor of Philosophy (PhD) in Pedagogical
Sciences, Professor of Namangan State University

Tursunova Zebo Raxmotaliyevna

Student of Namangan State University

Annotation. This article examines effective and practical methods for developing communication skills among high school students. In modern education, communication skills are considered essential for students' academic success, social interaction, and future professional life. The article discusses various methods such as group discussions, role-playing, project-based learning, debates, and the use of technology in the classroom. Special attention is given to the teacher's role in creating a supportive learning environment where students feel confident to express their ideas. The study emphasizes integrating communication skill development into subject lessons rather than treating it as a separate component. The article concludes that interactive and student-centered approaches significantly improve students' communication competence.

Key words: communication skills, high school education, interactive learning, speaking skills, collaborative activities, classroom communication.

Аннотация. Данная статья рассматривает эффективные и практические методы развития коммуникативных навыков у учащихся старших классов. В современном образовании коммуникативные навыки считаются необходимыми для академической успешности учащихся, социального взаимодействия и будущей профессиональной деятельности. В статье обсуждаются различные методы, такие как групповые дискуссии, ролевые игры, проектное обучение, дебаты и использование технологий в учебном процессе. Особое внимание уделяется роли учителя в создании поддерживающей образовательной среды, в которой учащиеся чувствуют себя уверенно, выражая свои идеи. Исследование подчеркивает важность интеграции развития коммуникативных навыков в предметное обучение, а не рассмотрения их как отдельного компонента. В статье делается вывод, что интерактивные и ориентированные на учащихся подходы значительно повышают уровень коммуникативной компетентности учащихся.

Ключевые слова: коммуникативные навыки, обучение в старших классах, интерактивное обучение, навыки говорения, совместная деятельность, коммуникация в классе.

Annotatsiya. Ushbu maqolada yuqori sinf o'quvchilarida kommunikativ ko'nikmalarni rivojlantirishning samarali va amaliy usullari ko'rib chiqiladi. Zamonaviy ta'limda kommunikativ ko'nikmalar o'quvchilarning akademik





muvaqqiyati, ijtimoiy o'zaro munosabatlari va kelajakdagi kasbiy faoliyati uchun zarur deb hisoblanadi. Maqolada guruhli munozaralar, rolli o'yinlar, loyiha asosida o'qitish, bahs-munozaralar hamda o'quv jarayonida texnologiyalardan foydalanish kabi turli usullar muvaffaqiyatli qilinadi. O'qituvchining o'quvchilar o'z fikrlarini erkin va ishonch bilan ifoda eta oladigan qo'llab-quvvatlovchi ta'lim muhitini yaratishdagi roli alohida ta'kidlanadi. Tadqiqot kommunikativ ko'nikmalarni rivojlantirishni alohida komponent sifatida emas, balki fanlarni o'qitish jarayoniga integratsiya qilish muhimligini ko'rsatadi. Maqola yakunida interaktiv va o'quvchiga yo'naltirilgan yondashuvlar o'quvchilarning kommunikativ kompetensiyasini sezilarli darajada oshirishi xulosaga kelinadi.

Kalit so'zlar: kommunikativ ko'nikmalar, yuqori sinflarda ta'lim, interaktiv ta'lim, nutqiy ko'nikmalar, hamkorlikdagi faoliyat, sinfdagi muloqot.

In today's fast-changing world, the ability to communicate effectively has become essential for success in everyday life, education, and future careers. For high school students, this period is especially important because they are not only learning academic subjects, but also developing the skills that shape how they interact with others. Communication skills help students express their ideas clearly, listen to different opinions, cooperate with classmates, and take an active role in social life. These abilities are necessary not only inside the classroom, but also outside school, where students face real-life situations that require confidence and understanding. Despite the importance of communication, many high school students find it difficult to speak confidently, take part in discussions, or present their thoughts in front of others. One of the main reasons for this problem is the lack of opportunities to practice communication in traditional classrooms. Lessons that are mainly teacher-centered often focus on memorization and passive learning, leaving little space for students to share ideas, ask questions, or work together. As a result, students may feel shy, unsure of themselves, or afraid of making mistakes when speaking. For this reason, it is necessary to use effective teaching methods that encourage active communication and student involvement. When students are given the chance to participate in discussions, work in groups, and express their opinions freely, they become more confident and motivated learners. This article explores different practical methods for developing communication skills in high school and explains why these skills play a crucial role in the educational process and in students' overall personal growth.

Communication skills refer to the ability to exchange information, ideas, and feelings effectively through verbal and non-verbal means. In high school education, these skills mainly involve speaking, listening, interacting with peers, and responding appropriately in different situations. According to researcher²⁵, communication is not only about grammatical accuracy but also about meaningful interaction. This idea highlights the importance of allowing students to communicate freely even if they make mistakes, as communication develops through practice. Teachers play a crucial role in developing students'

²⁵ Brown, H. D. (2007). Principles of Language Learning and Teaching. Pearson Education.





communication skills. A supportive classroom environment where students feel respected and encouraged is essential for effective communication. Teachers should act as facilitators who guide discussions, ask open-ended questions, and provide constructive feedback. Another researcher²⁶ emphasized that learning occurs through social interaction, which means students learn better when they communicate and collaborate with others. Therefore, teachers should create opportunities for pair and group work in every lesson. One of the most effective methods of developing communication skills is group discussion. Group discussions allow students to share their opinions, listen to different viewpoints, and develop critical thinking skills. Through discussions, students learn how to express ideas clearly and respectfully. This method also helps shy students become more confident speakers over time. Teachers can organize discussions based on lesson topics or real-life situations to increase student interest. Role-playing and simulation activities are also powerful tools for improving communication skills. In role-play activities, students act out real-life situations such as job interviews, problem-solving scenarios, or everyday conversations. These activities help students practice communication in a realistic yet safe environment. Role-playing improves not only speaking skills but also empathy, social awareness, and non-verbal communication. Project-based learning is another effective method that supports communication development. When students work on projects, they must cooperate, share ideas, plan tasks, and present results. This process naturally develops communication, teamwork, and leadership skills. Research by scientist²⁷ shows that project-based learning significantly improves students' communication competence and engagement. Debate activities are especially useful for developing speaking and reasoning skills. Through debates, students learn how to organize their thoughts, defend their opinions, and respect opposing views. Debates also enhance public speaking confidence and help students express ideas logically and persuasively. Modern technology also plays an important role in developing communication skills. Digital tools such as online discussion platforms, presentation software, and collaborative applications allow students to communicate in new ways. Technology encourages written and oral communication and helps students develop digital communication competence. However, teachers should guide students to use technology effectively and responsibly. An important aspect of communication skill development is integrating it into subject-based learning. Communication should not be limited to language classes only. Students can develop communication skills by presenting experiments in science classes, participating in discussions in history lessons, or analyzing texts in literature classes. This integrated approach makes communication practice more natural and meaningful. The novelty of this article lies in its integrated and practical approach to developing communication skills in high school. Unlike traditional approaches that focus mainly on language lessons,

²⁶ Vygotsky, L. S. (1978). *Mind in Society*. Harvard University Press.

²⁷ Thomas, J. W. (2000). *A Review of Research on Project-Based Learning*. Buck Institute for Education.





this study emphasizes communication development across all subjects. Additionally, the combination of traditional classroom methods with modern digital tools provides a flexible and effective model for contemporary education.

In conclusion, communication skills are a vital component of high school education. Developing these skills helps students succeed academically, build strong social relationships, and prepare for future careers. Methods such as group discussions, role-playing, project-based learning, debates, and the use of technology have proven to be effective in enhancing students' communication abilities. Teachers play a key role in creating an environment that encourages active participation and self-expression. By integrating communication skill development into daily lessons, schools can help students become confident and competent communicators.

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