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SPIRITUAL AND MORAL FOUNDATIONS OF THE CULTURE OF THINKING IN YOUTH DEVELOPMENT

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Abstract. This article examines the spiritual and moral foundations of the culture of thinking in the development of youth. The study analyzes the role of spiritual values, ethical norms, and cultural traditions in shaping the intellectual and worldview orientations of young people. Particular attention is paid to the formation of a culture of thinking as an important component of personal development, which includes critical reflection, moral responsibility, and the ability to make value-based decisions. The article also explores the influence of social institutions, especially the family and the education system, on the development of spiritually oriented thinking among youth. In addition, the significance of integrating national and universal values in fostering a responsible, socially active, and morally mature young generation is highlighted. The research emphasizes that strengthening the spiritual and moral foundations of thinking contributes to the harmonious development of youth and supports the sustainable progress of society.

Keywords: culture of thinking, youth development, spiritual values, moral education, ethical norms, national values, personal development, critical thinking, social responsibility, spiritual culture.

The culture of thinking among young people is closely associated with an individual's intellectual potential, capacity for critical analysis, and creative orientation. Its alignment with moral and ethical norms constitutes a fundamental condition for both personal growth and social development. In this context, it is pertinent to recall the statement of the President of the Republic of Uzbekistan, Shavkat Mirziyoyev: “Every nation and every state in the world is powerful прежде всего through its intellectual potential and high spirituality”.

A well-developed culture of thinking not only facilitates the systematic acquisition and critical analysis of knowledge, but also equips individuals to make informed decisions, navigate complex socio-cultural environments in accordance with ethical principles, and generate innovative solutions. From this standpoint, spiritual and moral factors—such as an individual's value system, ethical standards, and aesthetic and cultural awareness—play a decisive role in shaping the culture of thinking. They orient cognitive processes and reinforce the ethical foundations underlying decision-making. During the formation of a culture of thinking in youth, spiritual and moral determinants serve as key mechanisms for integrating social experience, personal values, and consciousness. These determinants enable individuals not merely to process knowledge analytically, but to internalize and apply it in accordance with moral standards, thereby fostering critical reflection and creative problem-solving in complex socio-cultural contexts.





Thus, the interaction between the culture of thinking and spiritual-moral factors constitutes an integrated framework for the personal and social development of young people. This framework contributes to the formation of socially responsible individuals capable of independent judgment, creative decision-making, and conscious engagement in addressing multifaceted challenges. In this regard, spiritual and moral values function as a normative foundation guiding cognitive activity, while their deliberate application in practice enhances the intellectual potential of youth.

Furthermore, in the approaches of John Dewey and Hans-Georg Gadamer, social experience, an interactive environment, and cultural relations are regarded as essential means of strengthening the harmony between young people's culture of thinking and their moral consciousness. Through social cooperation, the comprehension of cultural and aesthetic values, and the application of creative and innovative approaches, youth enrich their culture of thinking and enhance their capacity for conscious moral decision-making. Thus, the organic interconnection between the culture of thinking and spiritual-moral factors fosters the intellectual and ethical development of the individual, shaping young people as active and responsible members of society, while also preparing them to engage in social activity in alignment with global standards and norms

The harmony between the formation of a culture of thinking in youth and spiritual-moral factors holds central significance for the development of an individual's intellectual, ethical, and social potential. This integration guides young people toward the systematic analysis of knowledge, critical reflection, and the ability to make conscious and morally grounded decisions in complex socio-cultural contexts. From a philosophical perspective, the approaches of Plato and Aristotle demonstrate the intrinsic relationship between the culture of thinking and moral consciousness, while the concepts of Immanuel Kant and Georg Wilhelm Friedrich Hegel emphasize the individual's capacity for free and conscious decision-making in alignment with spiritual and ethical values. In the perspectives of John Dewey and Hans-Georg Gadamer, social experience and an interactive environment are viewed as essential means of strengthening the harmony between young people's culture of thinking and their moral awareness. Thus, the interconnection between the culture of thinking and spiritual-moral factors emerges as a complex, integrated, and strategic system uniting the personal and social development of youth. This harmony reinforces young people's intellectual and ethical capacities, shapes them as active, responsible, and creative members of society, and prepares them for conscious social engagement in accordance with global norms. Consequently, such integration ensures the social, moral, and intellectual maturity of youth and contributes to the sustainable and creative development of future generations.

At the same time, the alignment between the culture of thinking and spiritual-moral factors plays a crucial role in shaping personal behavior, social relationships, and a sense of responsibility toward society. It enables individuals to





align their decisions not merely with personal interests, but with the ethical and cultural values of the broader community. This process prepares young people to think critically in complex situations, apply creative approaches to problem-solving, and make conscious moral choices.

Furthermore, within the broader framework of world philosophy, the harmony between the culture of thinking and spiritual-moral values ensures personal development through social cooperation, the comprehension of cultural values, and creative activity. In this way, youth become not only knowledgeable and intellectually capable, but also ethically and socially mature, with their individual and social activities manifesting as an integrated and coherent system.

Ultimately, this harmony shapes young people as adaptable, creative, and responsible actors within the global socio-cultural context, preparing them for the challenges of a complex and rapidly changing environment. As a result, the integration of the culture of thinking and spiritual-moral factors serves as a strategic instrument for uniting personal, intellectual, and social development, thereby contributing to the sustainable and cultural advancement of society.

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