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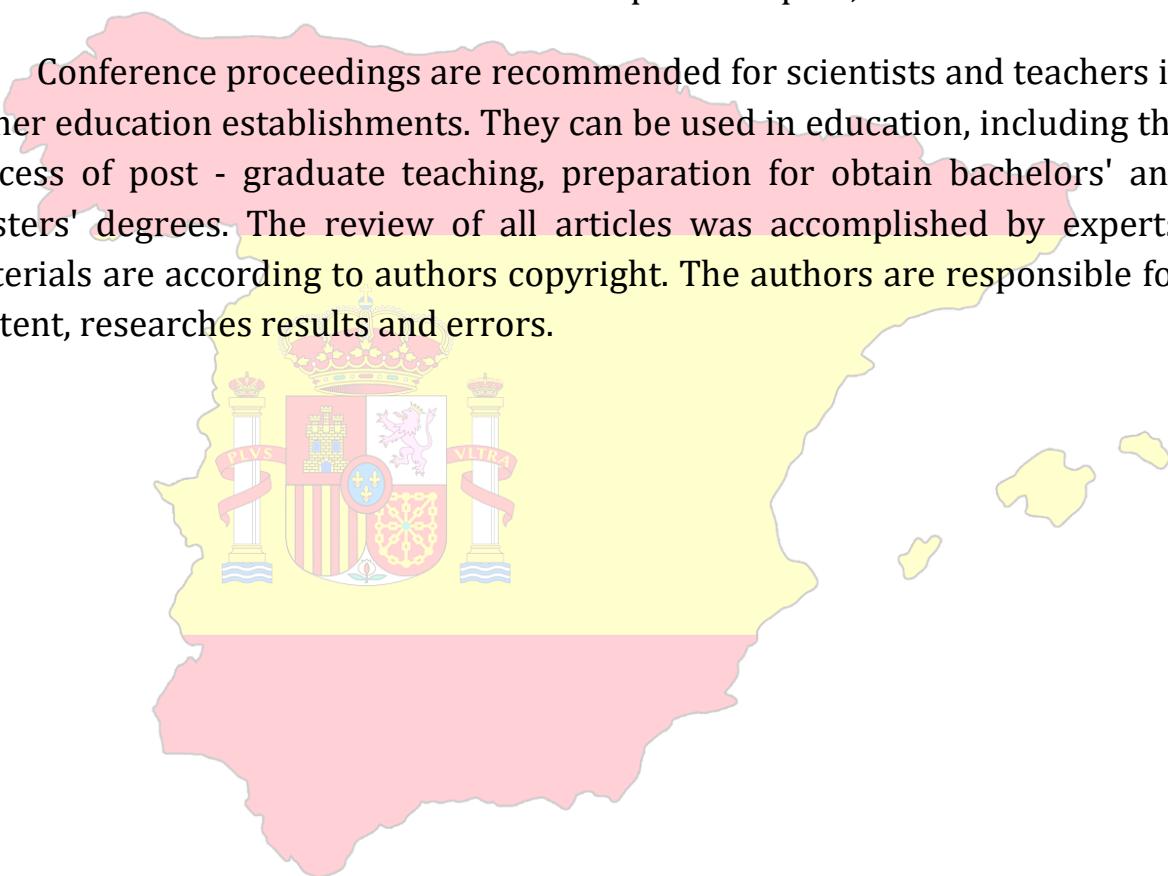


INTERNATIONAL CONFERENCE ON SUPPORT OF MODERN SCIENCE AND INNOVATION: a collection scientific works of the International scientific conference – Madrid, Spain, 2025, Issue 4.

Languages of publication: Uzbek, English, Russian, German, Italian, Spanish,

The collection consists of scientific research of scientists, graduate students and students who took part in the International Scientific online conference **«INTERNATIONAL CONFERENCE ON SUPPORT OF MODERN SCIENCE AND INNOVATION»**. Which took place in Spain, 2025.

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THE ROLE OF NATIONAL VALUES IN THE PROCESS OF EDUCATION AND UPBRINGING

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Abstract: This article analyzes the significance of Uzbek national values in the process of education and upbringing. It explores the role of these values in shaping the spiritual development of youth, the methods of integrating them into educational institutions, and their place in society. Special attention is given to the urgent task of preserving national values in the context of globalization and transmitting them to the younger generation. The influence of national heritage and values on personal development is also examined.

Keywords: National values, spirituality, upbringing, education, personal development, moral standards, cultural heritage, globalization, independence, patriotism, traditions.

Every nation occupies a unique place in world civilization through its rich historical experience, spiritual heritage, and distinctive values. National values are the spiritual wealth, customs, traditions, and moral principles that have been passed down from ancestors to future generations and form the foundation of a nation's life. They not only reflect our past but also serve as a strong spiritual support for future generations. Therefore, national values hold an invaluable place in the process of education and upbringing. These values serve as a key source for cultivating national pride, patriotism, moral conduct, and humaneness in the minds of young people. Instilling a sense of identity, loyalty to historical roots, and love for one's people and homeland in the heart of every student is achieved through education and upbringing. For this reason, preserving national values and raising a modern and spiritually mature generation based on these values is among today's most urgent tasks. National values represent the historical memory, spiritual legacy, and ethical principles of every nation. Through these values, a nation understands its identity and passes it on from generation to generation. The educational process plays a major role in instilling national values in the younger generation and contributes significantly to their personal development.

The essence of national values and their role in social life are immeasurable. National values refer to the spiritual assets, ideas, customs, traditions, and moral principles that are cherished by a particular nation and hold an important place in its social life. These values are actively used in all spheres of life, especially in the process of education and upbringing. They ensure social harmony and teach young people social norms and values. For example, qualities such as hospitality, respect for elders, compassion, honesty,



and patriotism, which are characteristic of the Uzbek people, are recognized as national values. These values serve as a spiritual foundation in the minds and hearts of young people.

There are various methods for integrating national values into the education process. Understanding them thoroughly is essential. Instilling national values into the hearts of the younger generation is not only the duty of teachers but also a moral responsibility that determines the nation's future. These values are conveyed to children and youth through various effective methods in education. First, it is important to focus on national themes in the curriculum. For example, in literature classes, the works of great thinkers such as Alisher Navoi and Zahiriddin Muhammad Babur instill moral views, patriotism, kindness, and generosity in the hearts of young people. Celebrating national holidays and traditions is also an effective way of teaching values through real-life examples. Through holidays such as Navruz and Independence Day, young people learn about the cultural heritage and customs of their nation and develop respect for their historical roots.

In history classes, learning about the exemplary lives of ancestors fosters a sense of national pride. The lives of figures such as Amir Temur, Imam Bukhari, and Ibn Sina remain as models of loyalty to national values. Additionally, interactive methods—role plays, discussions, and practical activities—enable students not only to hear about values but also to experience them in practice. For instance, a role play on "Respecting the Elderly" teaches students how to behave toward older people. The teacher's personal example is also a powerful tool of upbringing. Instilling values not only through words but also through actions, ethics, and communication has a deeper impact. Each method is unique; therefore, the ways of instilling national values may vary. However, all of them must serve the goal of raising a generation with strong national consciousness and spirituality. Only then will the future generations grow into individuals who understand their identity, love their homeland, behave ethically, and possess knowledge.

There are various ways of transmitting national values to the younger generation in educational institutions. These include integrating topics on national literature, history, arts, and culture into the curriculum and promoting national ideas and values through literary works. School events based on national holidays and traditional ceremonies also play a significant role. Teachers and educators can instill national values through their personal example, interactive methods, problem-based situations, and role plays. This helps students deeply understand the importance of national values.

Today, in the era of globalization, cultures, information flows, and technologies from around the world are becoming intertwined. While this process contributes to development, it also poses a risk of losing national values. Especially in a time when the younger generation quickly adopts



foreign cultures and ideas, the danger of forgetting their own national values becomes stronger.

The influence of foreign cultures is one of the biggest factors. Through television, the internet, and social media, the lifestyles, fashion, language, and music of other nations occupy the minds of youth. Since some young people lack deep knowledge of their own history and traditions, they tend to accept everything foreign as "modern." Insufficient efforts to promote national values in education and the media also contribute to this problem. If national values disappear, the spiritual foundation and self-confidence of the nation weaken. This may lead to moral decline, lack of purpose, and indifference in society. Therefore, preserving and developing national values has become a state-level priority. It is time to find serious solutions to this issue. First, curriculum programs based on national values should be expanded. Every subject should contribute to moral education, and literature, history, and art should enhance national pride. Promoting national values through media is also one of the most effective methods. Through films, TV programs, and social media content about national traditions, historical figures, and customs, young people can develop a stronger appreciation for national identity. Strengthening family upbringing is also crucial for raising a healthy, morally mature, patriotic, and responsible young generation. The family is the first and most important school of upbringing, and the qualities learned within it become lifelong values. If national values, customs, and traditions are consistently instilled in children at home, it positively shapes their personality, worldview, and attitude toward society. Parents must teach national values through their own example.

Widely celebrating national holidays and cultural events is one of the most effective ways of preserving national values and deeply instilling them in the younger generation. Through such celebrations, young people experience the lifestyle, customs, and traditions of their ancestors and learn to live with a sense of national pride and dignity. For example, holidays such as Navruz, Independence Day, and Constitution Day are not merely days off but important opportunities to honor national values, remember history, understand national identity, and pass it on to the next generation. During these celebrations, people demonstrate their uniqueness through national dishes, clothing, folk games, and music, allowing young people to witness and feel their true national heritage.

Educating youth in the spirit of patriotism means raising them to be loyal to the customs and traditions inherited from their ancestors. The patriotism of the Uzbek people has been shaped over centuries; our forefathers fought for their homeland, language, religion, and freedom, and their dedication serves as a model for today's generation. Every young person must learn to respect their nation's rich heritage.



Despite this, globalization cannot be stopped; however, preserving national values is in the hands of every nation. If we convey our national values to the younger generation with pride, they will grow into independent thinkers who resist external influences and become spiritually mature individuals. Only then will our nation's spiritual wealth and identity be preserved.

In today's globalized world, the influence of foreign cultures is increasing. This may negatively affect national values. Foreign ideas spread through the internet, mass media, and other sources can change the worldview of youth, leading to a decline in the importance of national values. Therefore, it is crucial for the education system to safeguard national values and develop them in accordance with contemporary needs. Maintaining a balance between national values and globalization is essential.

It is clear that national values play a central role in raising the younger generation to be spiritually mature and morally developed individuals. Integrating them into the education and upbringing system is necessary for the stable development of society and for shaping national consciousness and pride. By cherishing, preserving, and developing national values, we pass down invaluable spiritual heritage to future generations.

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